



Ingham Project ASSERT

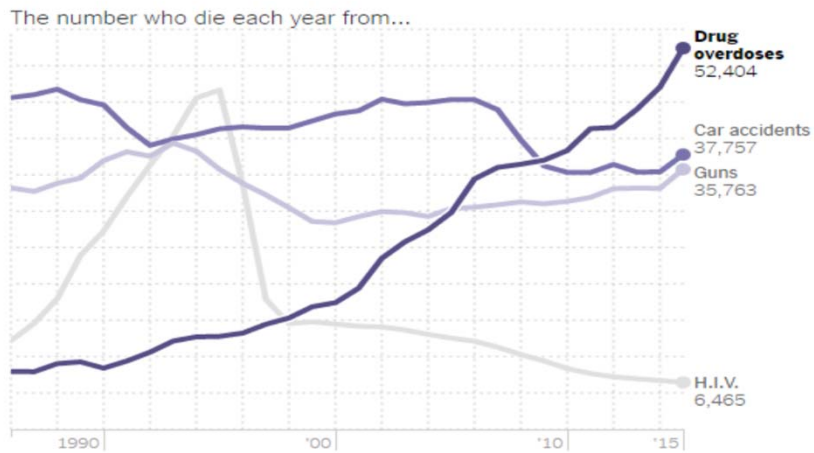
Alcohol & Substance Abuse Services, Education,
Referral to Treatment

Public funds, provided by the State of Michigan through Mid-State Health Network, were used to support the cost of this program

What is Project ASSERT?

- ▶ Project ASSERT is an evidence-based program that originated at the Boston Medical Center in 1994.
- ▶ Project ASSERT's goal is to help Emergency Department patients who demonstrate risky alcohol and drug use behavior to access treatment and care.
- ▶ Ingham Project ASSERT started in November 2017.

Why Project ASSERT in Ingham County?



Who staffs Project ASSERT?

- ▶ Wellness Advocates are at McLaren Greater Lansing and Sparrow Emergency Departments.
 - ▶ These individuals are certified Peer Recovery Coaches who have been in recovery for at least two years.
 - ▶ They have additional training in Motivational Interviewing and local substance abuse resources.

McLaren ED	Mon, Tues, Wed, Thur	2p - 7p
	Fri, Sat	5p - 10p
Sparrow ED	Tues, Thur	2p - 7p
	Fri, Sat	5p - 10p

- ▶ Patient Navigator (CHW) follows-up with patients and provides assistance with accessing resources

How does Project ASSERT work?

- ▶ The Wellness Advocates can facilitate recovery for patients who exhibit risky alcohol and drug use, or those who are experiencing dependency. They meet one-on-one with patient.
- ▶ They use SBIRT which is
 - ▶ **S**creening— Identify patients who are engaged in unhealthy alcohol or drug use and determines the severity of the substance use.
 - ▶ **B**rief **I**ntervention—Conversation to motivate patients who screen positive to consider healthier decisions.
 - ▶ **R**eferral to **T**reatment—Actively links patients to resources when needed.

What are our Outcomes Measures?

- ▶ Build capacity to address SUD in the ED
- ▶ Implement a new and effective model to address SUD in the ED
- ▶ Screen patients with SUD related ED visit
- ▶ Perform Brief Negotiated Interview (BNI) intervention on patients screened
- ▶ Increase recovery resource information provided to patients
- ▶ Increase referrals to mental health services
- ▶ Decrease repeat ED visits for SUD related diagnoses
- ▶ Decrease mortality related to SUD

Project Data thru June 2018

Quarter	Location	Reason for ER Visit	# of Health Screens	# of Brief Negotiated Interviews (BNI)	# of Patients Receiving Recovery Resources Information	# of Referrals to SUD	# of Referrals to MH	# of Amissions to SUD TX Provider (completed by MSHN)
1 Oct - Dec 2017	McLaren Greater Lansing	Alcohol Related - 14 Motor Vehicle Accident - 0 Trauma - 1 Positive Screen for Risky Use - 1 Other Drug Related - 1 Opioid Related - 3 Not Recorded - 6 Total - 26	16	16	15	4	4	43 Clients Seen 13 Admitted to SUD Total Admitted to SUD= 30.23%
	Sparrow Main	Alcohol Related - 8 Motor Vehicle Accident - 1 Trauma - 2 Positive Screen for Risky Use - 2 Other Drug Related - 0 Opioid Related - 5 Not Recorded - 2 Total - 20	17	14	11	3	6	
	Sparrow St. Lawrence	Alcohol Related - 6 Motor Vehicle Accident - 0 Trauma - 1 Positive Screen for Risky Use - 2 Other Drug Related - 2 Opioid Related - 1 Not Recorded - 2 Total - 14	11	11	11	7	8	
2 Jan - Mar 2018	McLaren Greater Lansing	Alcohol Related - 35 Motor Vehicle Accident - 0 Trauma - 0 Positive Screen for Risky Use - 2 Other Drug Related - Opioid Related - 28 Not Recorded - 4 Total - 69	68	53	33	28	6	127 Clients Seen 21 Admitted to SUD Total Admitted to SUD= 16.54%
	Sparrow Main	Alcohol Related - 35 Motor Vehicle Accident - 2 Trauma - 1 Positive Screen for Risky Use - 19 Other Drug Related - 0 Opioid Related - 9 Not Recorded - 9 Total - 76	67	41	42	10	17	

Project Data cont.

Quarter	Location	Reason for ER Visit	# of Health Screens	# of Brief Negotiated Interviews (BNI)	# of Patients Receiving Recovery Resources Information	# of Referrals to SUD	# of Referrals to MH	# of Amissions to SUD TX Provider (completed by MSHN)
	Sparrow St. Lawrence	Alcohol Related - 20 Motor Vehicle Accident - 0 Trauma - 1 Positive Screen for Risky Use - 7 Other Drug Related - 7 Opioid Related - 5 Not Recorded - 8 Total - 47	40	30	29	11	12	
3* Apr - June 2018	McLaren Greater Lansing	Alcohol Related - 25 Motor Vehicle Accident - 1 Trauma - 0 Positive Screen for Risky Use - 4 Other Drug Related - 5 Opioid Related - 6 Not Recorded - 0 Total - 41	38	32	32	12	32	34 Clients Seen 7 Admitted to SUD Total Admitted to SUD=20.59%
	Sparrow Main	Alcohol Related - 8 Motor Vehicle Accident - 0 Trauma - 0 Positive Screen for Risky Use - 0 Other Drug Related - 0 Opioid Related - 1 Not Recorded - 0 Total - 9	7	4	5	5	4	
4	McLaren Greater Lansing							
	Sparrow Main							

* Q3 patient numbers lower due to a combination of issues (ie change in staffing and needing to train new ones; transition in the ED by the closing of St. Lawrence and merging with Spa



Successes & Challenges

▶ Successes

▶ ER Visits	302	
▶ #Health Screens	269	79%
▶ SBIRT Screens	201	67%
▶ Received Information	178	59%
▶ SUD referrals	80	26%
▶ MH referrals	89	29%
▶ Successful at 30 day follow up	85	27%



Successes & Challenges

▶ Challenges

- ▶ Funding
- ▶ Staffing
- ▶ Hospital staff knowledge and use
- ▶ Hours of service



Program Sustainability

- ▶ MSHN through Prevention Identified additional funds to carry through at current funding levels for Wellness, InX until April 30, 2019
- ▶ Funding after April 30, 2019 may be partially funded through MSHN
 - ▶ Seeking collaborative support through hospitals
 - ▶ Seeking grants to support implementation at a wider scale
 - ▶ Open to partnering with others



Questions/Comments?

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