

## 2020 forum questions

### FEB CPS

As a mandated reporter, what are my responsibilities

What should a person in the community do if they notice something is off and or they suspect abuse

What are the criteria for getting children out of adverse childhood circumstances

With the new legalization of Marijuana, how does that change the system with CPS

What help/consideration does a parent get if their issue is SUD and is it (treatment/choices) different if parent does not have SUD

Would CPS be willing to have a pre-emptive conversation with a parent/family as a means/attempt to leverage recovery without official involvement

What is CASA and how does it work

Explain grandparents rights and issues –such as what are the factors for them to be able to remain in the grand kids lives, If they are appropriate and supportive/loving can they have/seek rights when a custodial parent uses them as pawns against the other parent.

Are there ways to access frequently asked questions

### March FAN Panel questions Session 1 courts

How do the pathways of the various courts work

Explain what the courts offer to participants in specialty courts—please provide both positives and negatives (perceived and real) for the participants

How does one get into specialty courts—and can you be in more than once

Explain sentences 1 probation

What are general transfer policies

How does the court deal with medical marijuana when clients are in the court system

Why are not more judges and prosecutors trained in addiction and best practices for addiction

How can one deal with charges that happened months ago but still have not surfaced—why the weeks to months in this process

Explain the difference between use and possession charges

Why is paraphernalia also weighed in on a possession charge

How do we make sure that information gets shared between parents, courts, treatment and medical professionals and the client so that everyone is on the same page—pursing the same goals as a team

What can a parent do if your child is in the criminal justice system and you know that there is information that they need to know about/would be helpful for them in moving forward—what avenues can a parent take

Prosecuting attorney—how often do you look at “charges criteria”—for things like felonies (dollar amount/drug amount, etc) and who makes/changes the criteria—Do you have discretion to increase amounts or does the legislature have to mandate that

How do we get public defenders to look at and perhaps refer specialty courts earlier in the process and how do we get public defenders to meet with the client way before the day of the appearance

Session 2—november--non courts

Accessing care—client came out of rehab on MAT—what avenues available to them besides “methadone” clinic for real follow-up and ongoing care (Ericanne, Joe?)

Is there community detox for Benzos ---are the local jails providing medical care detox or still cold turkey—is there any place local providing MAT detox—ie suboxone-- (Ericanne?)

What things are available to parents/family—for info, support and help—both paid and unpaid  
There are board representatives from both CMH and health department—what do your organizations offer us (Parents, professionals, sud clients) and how does one access them/you (Phil, Sarah, Ericanne)

Those in recovery= we will save/move questions to your July presentation

For health department and CMH=training for CRAFT-self care (KR) Path (Pain self management)—Refuge Recovery, Faces and Voices training—how to bring to community

2020 Medicaid Medicare requirements specific to SUD (Ericanne?)

Jails for Scott= How can we get more classes in jail—better and appropriate books specific to addiction—daily meetings—recovery coaches touching the flesh daily—CMH evaluations in Jail—MAT/rehab in Jail

April= Relapse prevention Sean Corbin

For relapse prevention—describe the modalities and or perhaps the 5 best things included in a relapse prevention plan.

Describe your relapse prevention program

How does someone not in specialty court access someone like you that offers group relapse prevention

What are some “red lights” in identifying possible relapse –Is there a “main component” primary driver for relapse

What things can we spot (ie isolation, etc) to as best as possible recognize that one is in relapse mode

The client has commercial insurance—can they access your program—if not, what ones are in the community that they can-----same question with Medicaid

Family assistance with relapse prevention—both formal and informal is it available/offered

May—Ask the doc series—Dr John Baker

Is there an uptick in addiction depression and anxiety—causes?

Do you use/recommend meditation mindfulness for pain control, addiction, treatment—what about food as medicine—or any other somewhat non traditional modalities

Best medications/treatment for anxiety and depression of a SUD client

When one is dual diagnosed—do you treat the SUD or mental health first—or at same time—how do you recognize diagnosis which one is “primary”

Explain what drugs and alcohol do to the brain—at different age stages—and how do they affect cognitive development.

Are the affects on the brain different for/from drugs vs alcohol

Is there a connection between ADHD meds and addiction—or any other early intervention meds

Please explain the link between trauma and SUD—including any statistics

Could you please explain SUD as a disease in a way easily understood that will help family advocate and speak intelligently about the disorder

What do you know about federal or state incentives for getting/training more SUD docs/medical

June= fellowship barbeque and Narcan training

July= sobriety Panel

What were your “ahah moments for real sobriety action and commitment

What do you do daily/weekly/monthly/what ever time frame to maintain your recovery

What do you do when cravings come on

What were the best things that family/loved ones did that enhanced/supported your recovery and what were the things that family/loved ones did that hindered your recovery.

Same question as above but for/about professionals

What social supports are important for family members to be able to better support you

When you started to get your life on track –how did you address (for instance) in a job interview your “missing months/years” and or your journey to/through recovery

August= Peer recovery coaching

Explain recovery coaching and why you feel it is one of the best tools available in the recovery tool box

What is the difference between a recovery coach and a sponsor

Do you have to be in recovery to be a recovery coach (if so how long in recovery)

How can people be trained for peer recovery coaching

How does one access (and continue to access long term) and or pay for a recovery coach

Will a recovery coach stick with you even if you relapse

What is the biggest pitfall in recovery coaching

Has there been any long term affects due to no anonymity

September= Update as to our regional and local opioid harm reduction efforts—Dr A. Dora-Laskey

What is/constitutes harm reduction.

Please explain the regional and local efforts –where we are locally now and where you see us going

Who regulates the clinics and doctors for MAT—who sets the criteria for admission to clinics

Can there be better info and transition planning post release (jail, rehab, hospital—so as to limit post discharge relapse/OD

October—break out session for 2021 forum topic development

November—FAN panel—info/questions for the non court aspect to be provided

December = Dish to pass dinner and A celebration of recovery and remembrance of our communities loses Pastor Mark Rutherford

How does one best gain/access and continue to grow in hope